# Tracking spending on diabetes at the PHC in Kyrgyzstan using cost calculator tool

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Swiss Agency for Development and Cooperation SDC

### History of implementing NHA/SHA in the KR

- Development of NHA: the process started in 2001
  - Research group and primary data collection
- Development and implementation of NHA in the KR, October 2005 – 2010.
  - Methodology, data collection and analysis
  - Compilation of annual reports for 2004, 2006-2009.
  - Development of subaccounts on TB for 2007.
  - The 3rd, 4th and 8th Regional Seminars on NHS were held in Bishkek (2006, 2008 and 2012).
- Switch to SHA in 2012 up to now
  - Compilation of annual reports for 2014-2019.

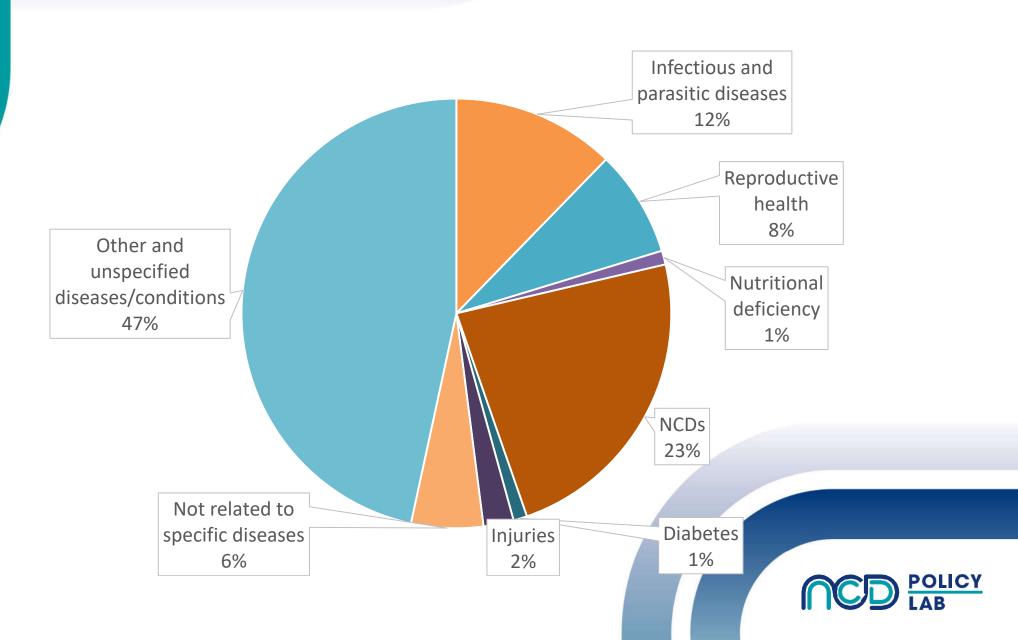


### Spending on health care as % of GDP (2014-2021)

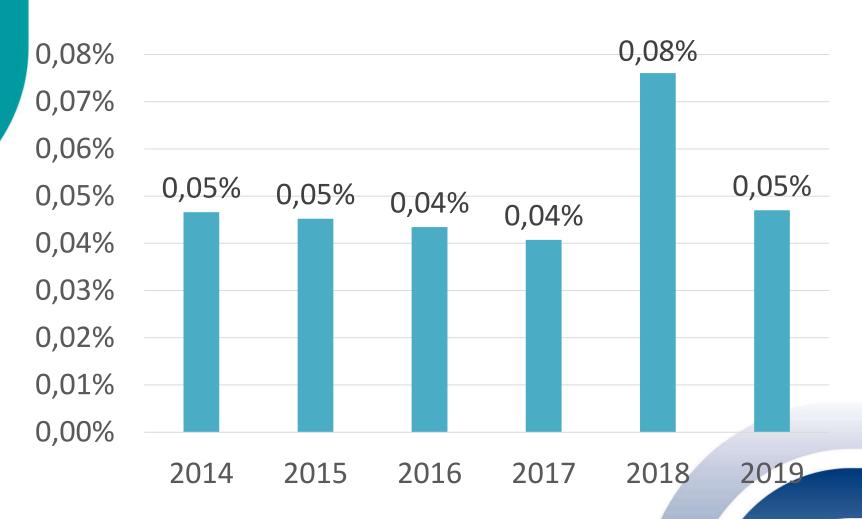




### SHA: Spending on health care by disease in the KR, 2019



### SHA: Spending on diabetes as % of GDP (2014-2019)





### **SHA: Spending on diabetes by funding sources (%)**



## SHA: Spending on diabetes by health care delivery levels (%)





### Diabetes treatment cost calculator (2017)

#### Country name:

All costs presented in:

2016 USD

Total cost of care (Type 1 and 2 routine + complications) \$

\$ 82 578 391

For Type 1

Kyrgyzstan

Number of people with type 1 diabetes 2 324 Number of people with type 2 diabetes 54 124

Annual cost of routine care:

population population 1 261 242 \$ 7 230 440

Medicine and supplies \$
Outpatient care and laboratory tests \$

123 311 \$ 4 369 972

For Type 2

Annual cost of complication care:

Per complication

Diabetic Ketoacidosis \$ 17 280 Hypoglycaemia \$ 3 240 Diabetic foot ulcer \$ 211 093 High blood pressure \$ 37 694 070 Ischemic heart disease \$ 10 291 275 Nephropathy \$ 4 983 017

> Retinopathy \$ 14 696 525 Stroke \$ 1 696 928

For routine care (total)

\$ 12 984 964

For all complications (total)
69 593 427

### **Challenges and barriers**

No information on patients with T2 diabetes using glucometers and test-strips

Lack of accurate data on patients with complications receiving health care

No data on costs related to consultations of patients with diabetes at the PHC level (estimated indicators based on morbidity are used)

Actual costs of inpatient treatment for patients with diabetes have not been analyzed yet

Estimations for the calculator are based on prices obtained in other countries

Using evidence in decision-making requires ongoing efforts to improve data quality

Definitions and classification need to be improved for more accurate and correct cost calculations



### Conclusion

- 1. It is required to implement the SHA and cost calculation tools and harmonize them
- 2. The SHA data will help make evidence-based diabetes policy
- 3. It is important to focus on improving the quality and reliability of data



